## Environmental responsibility at ECS & how you can help

## ECS is a caring school. We care about you, our pupils and our world.

That's why we take our responsibilities towards nature and the environment seriously.

We work hard to reduce our emissions, to connect to nature in our courses and to protect the future for our pupils, friends and families.

We hope you care too and are ready to help change the world with us!

Together we can look after our planet and make a safe and fair world for everyone.

What we are trying to do:



Reduce our emissions to help reduce climate change and save people's lives.



Look after Earth through our lessons and activities, and by giving time and money to environmental projects.



Inspire and empower each other to help everyone talk and think about the important issues and take action.

## Find how you can help us take care of our Earth



Read full details of our environmental action our website: countryschools.co.uk/why-ecs/environmental-responsibility

#### Environmental responsibility

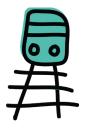
## Before your course

You can take climate action before you even arrive at ECS for your summer course!

Some of our highest emissions come from travel and transport. If you can take the train to ECS it will dramatically reduce your contribution to global warming and pollution.

We also give money to important environmental projects every time someone books an ECS course – and you can make a donation too!





Take the train. If you need help or want a travel buddy, contact us!



Stay for the full course to make the most of your journey to the UK.



Only bring what you need – stick to the ECS packing list.



Fly direct and economy class to add fewer harmful gasses to the air.



Check if you can fly "UM" (without an adult) to reduce your emissions.



Help us support green projects with a donation when you book.

#### Environmental responsibility

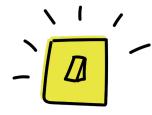
### **During your course**

Our host school (Port Regis School) is working hard to be environmentally friendly – with solar panels to make green energy, sensor lights to save energy and wild plants and flowers to feed birds and insects.

And there are lots of things you can do to help too! Reducing energy and avoiding waste makes a big difference to reduce climate change and care for our planet and each other.

#### Bring your own reusable bottle and backpack for trips and win prizes!

At ECS we reward sustainable behaviour with special prizes!



Turn electronics off and unplug your chargers when you don't need them.



Save water by taking short showers and turn off the tap when you brush your teeth.



Use a reusable water bottle and bag instead of buying plastic ones and throwing them away.



Enjoy and respect natural places and the school grounds – don't leave litter.



Only take as much food as you need - you can always ask for more if you're hungry.



Take care of things, avoid waste, recycle what you can and pack everything when you go.

#### Environmental responsibility

#### After your course

We hope you had a great time at ECS! And that you remember all the fun and what you learned about looking after the Earth for a long time.

When you get home, think about what you can do to reduce your emissions with friends and family. Action is much easier and more fun together!

The most important areas for people in wealthy countries to think about are transport, food and shopping, like clothes and electronic devices.

# Stay motivated by following inspiring people like....

Greta Thunberg (Sweden) Nyombi Morris (Uganda) Luisa Neubauer (Germany) Autumn Peltier (Canada) Amy + Ella Meek (England)



**Don't stop!** Keep trying to live sustainably and reduce your emissions.



Talk about it with your friends and family – ask 'what more can we do?'



Keep learning about climate change and how to look after our world.



Join or start a green club at school, your sports team or your youth group.



You can make a difference! You matter and you can help change the world.